

Wellness Portal

Registration & Portal Navigation

Registration & Login

Instructions for registering and logging onto the Live Well at WCIF wellness portal.

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Home Page

Guide to navigating the Home Page of your personal health portal.

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Health Assessment & Health Screening

(biometrics)

Access the health assessment and view your health screening values.

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Plan for Wellness

Learn how to build your personal Plan for Wellness.

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EveryMove Activity

Challenge

Register/Log into EveryMove to track your fitness activities.

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Rewards & Incentives

View your current rewards programs, incentives earned, and track your progress.

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