

EAP Eldercare Services

YOUR EAP PROVIDES HELP WITH:

- Anxiety/Depression/Other Concerns
- Mental Health Issues
- Couples/Relationships/Parenting
- Crisis Support
- Alcohol/Drug/Other Addictions
- Grief and Loss
- Domestic Violence

Plus, work/life resources:

- Legal and Financial
- Identity Theft
- Childcare and Eldercare
- Home Ownership

(800) 777-4114



www.FirstChoiceEAP.com
Username: wcf



Sometimes it's hard to acknowledge that a parent or loved one is aging to the point where additional care is required. When you find yourself becoming part of a senior's caregiving routine, remember that you have free access to supportive resources and information from your work-life team.

Your Company's complimentary EAP program is available 24/7 and is here to help when you're facing issues that interfere with your health, well-being, and productivity at home or at work.

LET US BE YOUR RESOURCE FOR:

- **Assisted Living Arrangements, Retirement Communities and Nursing Homes**
- **In-home Care, Back-up Care, and Personal Care**
- **Adult Daycare and Respite Care**
- **Financial and Legal Options**
- **Transportation and Meal Programs**
- **Long-term Care Insurance**
- **Senior Centers Companions, and more...**

Your EAP is always available to assist you, your household members, and children up to age 26. Contact us 24/7 at 800-777-4114 or visit the EAP website at www.FirstChoiceEAP.com.