






**NEW AND  
IMPROVED!**

Build better habits with a few daily taps...  
Dive in and track with the **Sonic Boom app!**



### The updated Sonic Boom app includes:

-  Nearly all of your favorite desktop functions
-  Smart Recommendations right on your Home screen
-  Newly styled modules (Rewards, Social Feed, Academy, etc.)
-  Your Health Quality Assessment (HQA)
-  A whole lot more - check it out today!

### How to get the app:



Scan this QR code with your phone's camera to download the Sonic Boom app on iOS or Android.

Or click



or



from your mobile device.